USE OF VITAMINS AND HERBAL SUPPLEMENTS DURING RADIATION THERAPY

The use of high dose vitamin therapy during Radiation Therapy may protect the cancer cells from the radiation treatment and may make the treatment less effective. It is therefore recommended that you avoid any supplement which contains more that the RDA of any vitamin. Below is a list of supplements that can be taken and those that should be avoided. Supplements can be used until the first day of radiation treatment and resumed on the day after last treatment is complete.

SUPPLEMENTS THAT CAN BE TAKEN

LOW DOSE MULTIVITAMIN
CALCIUM
GLUCOSAMINE AND CHONDROITIN
MSM ( Methylsulfanomethane )
IRON

SUPPLEMENTS THAT SHOULD NOT BE TAKEN

VITAMIN A
VITAMIN C
VITAMIN E
ANY SUPPLEMENT WITH ANTIOXIDANT PROPERTIES (if you are unsure it is best to avoid these during treatment)

The vitamins contained in foods are all acceptable. No foods need to be avoided!